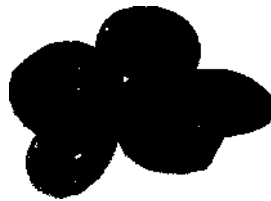


# Oliven

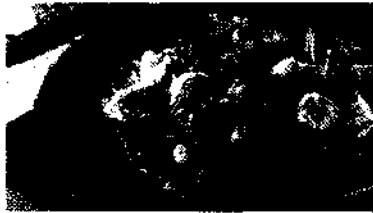
MARLENA SPIELER





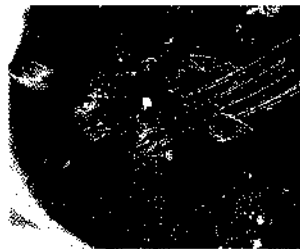
Danksagung	6''
Vorwort	7
Einführung	

Vorspeisen und Snacks 28



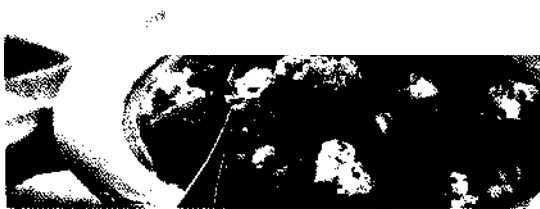
Salate 41

Gegrilltes 58



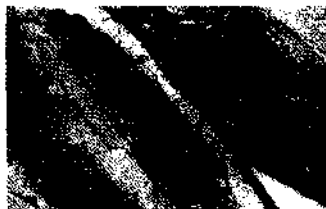
Gemüsegerichte 61

Fisch, Fleisch und Geflügel 76



Nudel- und Getreidegerichte

Eierspeisen 101



Pizzas und Sandwiches 105

Saucen und Dressings 117



Desserts 125

Register